

WELLNESS INCENTIVE HEALTH REIMBURSEMENTS
UFCW LOCAL ONE HEALTH CARE FUND – Plans R, U & S

<u>TOBACCO CESSATION PROGRAM</u>		
After 6 Months	Program participation & completion confirmed with vendor	\$ 50.00
After 12 Months	Confirm tobacco free – 3 outreach calls to vendor and negative Nicotine test	\$ 75.00
After 18 Months	Confirm tobacco free – negative Nicotine test	\$100.00

<u>PREVENTIVE SERVICES</u>	Health Reimbursement Credit Amounts per Service
Annual Physical (Adults): Must bring IH screening results or HRA from Excellus website and have Physician signature confirming receipt and review at appointment.	\$100.00
Breast Cancer Screening (Annual) Women ages 40-69	\$ 50.00
Cervical Cancer Screening (Annual) Women ages 21-64	\$ 50.00
Colon Cancer Screening (As recommended) Adults age 50+	\$ 50.00

<u>DIABETES MANAGEMENT</u>	Complete All Services in calendar year: Receive \$100.00 Health Reimbursement Credit
Register with the Fund office by calling 800-959-9497 to receive no Copay status for services below.	
Annual Education Visit	No Copay
Annual Diabetic Eye Exam (Ophthalmologist)	No Copay
Two Dental Cleanings/Exams Annually	No Copay
Diabetic Foot Exam	No Copay
Kidney Screening	No Copay
HbA1c Testing 2X per year	No copay
Excellus Diabetes Management Program	Inbound and outbound calls

IH Health Screening: (At worksite or approved Lab) \$100 Plans R, U & S \$50 Plan M
 Screening includes 34-panel blood draw, short HRA and Blood Pressure monitoring.

Visit the UFCW Local One custom website “The Break Room” for easy access to Health & Wellness information www.UFCWOneBreakroom.whiphealth.com or download the mobile app through apple store or google by searching UFCWOneBreakroom

**Are you passionate about good health?
Become a Local One Wellness Team member - call 800-697-8329, ext. 2218 to learn more**